



WRDSS Mini Conference

Saturday March 31, 2012

8:15 a.m. – 8:45 a.m.	Registration (Coffee and Tea Served)
8:45 a.m. – 9:00 a.m.	Opening Remarks
9:00 a.m. – 9:45 a.m.	My life is GREAT Speaker: Tom Pilarski Tom will share his life experiences and his dreams/goals for the future.
9:40 a.m. – 10:00 a.m.	Break
10:00 a.m. – 11:15 p.m.	The Nutritional Needs in Individuals with Down Syndrome Speaker: Joan Jory - Consultant and Researcher, PhD Nutritionist, Registered Clinical Dietitian Research has provided us with knowledge of several key nutrients affected by the trisomy and which, in turn, affect growth, physical and cognitive development, immunity, resistance to disease, heart function and oxygen delivery in the children and adults with Down Syndrome. Individualized intervention with these nutrients, therefore, may have a profound effect on the physical, emotional and cognitive well-being of people with Down Syndrome.
11:15 a.m. – 11:30 a.m.	Break
11:30 a.m. – 12:00 p.m.	WRDSS Annual General Meeting
12:00 p.m. – 1:00 p.m.	Lunch (Light lunch is provided as part of your registration fee)
1:00 p.m. – 2:15 p.m.	“Help Me, I’ve Fallen and I Won’t Get Up” Speaker: Judy Colantino An interactive workshop exploring the medical/physical issues expressed in Down syndrome, with emphasis on recognizing the resulting behaviours.
2:15 p.m. – 3:45 p.m.	Technology and Understanding its Role in Education Speaker: Virginia Anderson - KidsAbility Every day we hear about more devices that are making their way into the classrooms and therapy sessions. Learn what technology is available today and how you can use this to enhance your child’s education both at home and in the classroom.
3:45 p.m.	Wrap Up

Pre-Registration is required

Registration Fees:

WRDSS members - \$20.00/Family

NON- WRDSS members - \$30.00/Family



WRDSS Mini Conference Saturday March 31, 2012

Location: **KidsAbility Pavilion – Waterloo Site**
500 Hallmark Drive, Waterloo

Registration: **8:15 a.m.**

Conference: **8:45 a.m. – 3:45 p.m.**

Name:

Address:

City: Prov:

Postal Code: Phone:

Email Address:

WRDSS Member? Yes, No

Do you require child care?* Yes, No

If Yes, how many children?

What are their ages?

* Note: Free child care provided on premise by qualified ECE staff & volunteers

Are you planning to Stay for Lunch?** Yes, No

** Note: Light Lunch provided as part of registration fee

Registration Fees:

WRDSS members - **\$20/Family**

NON- WRDSS members - **\$30/Family**

Please mail this form with your registration fee to the address below before March 15, 2012.



Waterloo Regional Down Syndrome Society (WRDSS)
658 Erb Street West, PO Box 22008 RPO Ira Needles, Waterloo, ON N2T 0A2
Phone: **519-896-4488** • Email: **info@wrdss.ca** • Website: **www.wrdss.ca**